



**PENRITH
VALLEY
CANOEING**

Twilight Race Results 16/10/2013

Standard Race Circuit

Distance KM	Paddler	Time	Average Speed
4	Fiona Montgomerie	28:14 (New PB)	8.50
4	David Lunn	28:50	8.32
4	Sue Brown	28:58 (New PB)	8.29
4	Jo Khurana	31:31	7.62
4	Sue Huehn	37:29	6.40
6	Ben Thomsson	31:34	11.40
6	Istvan Cernok	31:51	11.30
6	Gerry Ebel	32:52	10.95
6	David Lowe	33:35	10.72
6	Mitch Coffey	33:59	10.59
6	Glenn Pyne	34:04	10.57
6	Gary Thomas	34:08	10.55
6	Kurt Wawzkowicz	34:49	10.34
6	Matthew Lowe	34:56	10.31
6	Geoff Forward	37:28	9.61
6	Trent Kitching	37:34 (New PB)	9.58
6	Megan Pyne	38:36	9.33