



**PENRITH
VALLEY
CANOEING**

Twilight Race Results *13/11/2013*

Standard Race Circuit

Distance KM	Paddler	Time	Average Speed
4	Colin Sieders	25:35 (New PB)	10.08
4	David Lunn	28:01	9.21
4	Trent Kitching	30:28	8.47
4	Sue Huehn	36:26	7.08
6	Ben Thompson	31:37	12.15
6	Istvan Cernok	31:39	12.13
6	Gerry Ebelt	32:35 (New SB)	11.79
6	Kurt Wawszkowicz	32:36 (New PB)	11.78
6	Glenn Pyne	33:31 (New SB)	11.49
6	Stephen Shelley	33:31	11.46
6	Jared Thompson	36:45	10.45
6	Jason Rutkowski	37:01	10.37
6	Megan Pyne	37:13 (New PB)	10.32
6	Paul Grundy	43:24 (assistance)	8.85
6	Gary Thomas	43:31 (immersion)	8.82
6	Greg Thompson	43:33 (assistance)	8.82